

# MG-525

## Compact Multi-Station

The Cybex MG-525 is a versatile multi-gym that offers enough biomechanically correct exercises for a full body workout – in a sleek, compact, 67-square-foot package.

### FEATURES

- A compact corner footprint saves space
- Three people can work out simultaneously
- Total body workout in a three station machine
- The MG-525 exercises include:
  - Chest Press
  - Overhead Press
  - Leg Extension
  - Leg Curl
  - Arm Curl
  - Triceps Pushdown
  - Lat Row
  - Lat Pulldown
- Standard Accessories: Lat pull bar and a row/arm curl handle
- Rugged reliability and low-maintenance
- Illustrated instructional placards guide users through the basic exercises needed to develop strength, improve coordination and learn movement patterns that enhance functional performance



### SPECIFICATIONS

Product Number	8701
Dimensions L x W x H	83" x 119" x 88" (211 cm x 302 cm x 224 cm)
Machine Weight	904 lb (410 kg)
Weight Stack	3 Weight Stacks: each 200 lb (91 kg)

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#### WORLD HEADQUARTERS

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